

Download Gemstone And Crystal Guide

Gemstone & Crystal Guide Crystals and Gemstones For thousands of years, crystals and gemstones have been used by shamans and wizards for healing and other esoteric applications. The Crystal Vaults Comprehensive Illustrated Guide to Crystals . Your On-Line Guide to The Metaphysical Crystal Properties and Legendary Uses of Crystals, Stones, and Minerals. You have found the definitive on-line guide to: Crystals and gemstones have amazing holistic healing abilities and can be used for many other applications such as meditation, quantum touch healing and reiki, as well as for chakra clearing and chakra balancing. Crystals and gems can be used in a variety of valuable ways. You can simply place them in an area that you spend a lot of time in - such as your workspace - to create a calm and peaceful atmosphere. Another favorable spot to place your crystals could be around your bedroom to ensure you get a good night's rest.